

Physical Education (PE) Policy

Sand Hutton and Warthill Church of England Primary School Federation

Policy Statement

At Sand Hutton and Warthill Church of England Primary School Federation, we believe that Physical Education is an essential part of a broad and balanced curriculum. Through high-quality PE, school sport and physical activity, we aim to inspire all pupils to develop a lifelong enjoyment of physical activity, improve their health and wellbeing, and achieve their personal best.

As a federation of two small rural schools, we recognise the value of working collaboratively to provide pupils with a rich range of sporting opportunities, enabling them to participate alongside larger groups and experience competition, teamwork and leadership.

Aims

The aims of PE within the federation are to:

- Develop competence and confidence in a broad range of physical activities.
- Promote physical fitness and healthy lifestyles.
- Develop teamwork, cooperation, resilience and sportsmanship.
- Enable pupils to compete in sport and other activities.
- Encourage pupils to enjoy and participate in regular physical activity.
- Develop children's understanding of the importance of maintaining physical and mental wellbeing.
- Provide opportunities for all pupils, regardless of ability, to achieve success.
- Foster leadership skills and personal responsibility through sport and physical activity.

Curriculum Intent

The PE curriculum is designed to:

- Meet all requirements of the National Curriculum.
- Build knowledge, skills and vocabulary progressively from EYFS to Year 6.
- Provide pupils with opportunities to master fundamental movement skills before applying them in increasingly complex situations.
- Ensure pupils experience a wide range of activities including:
 - Games
 - Gymnastics

- Dance
- Athletics
- Outdoor and Adventurous Activities
- Swimming
- Promote inclusion and enable all pupils to participate successfully.

Curriculum Organisation

Sand Hutton Primary School

- EYFS/Year 1 Class
- Years 2 and 3 Class
- Years 4, 5 and 6 Class

Warthill Primary School

- Infant Class
- Junior Class

Teachers plan PE learning through a mixed-age approach, ensuring full National Curriculum coverage over a rolling programme where appropriate.

Early Years Foundation Stage

In EYFS, physical development is promoted through:

- Daily opportunities for active play.
- Fine and gross motor development activities.
- Outdoor learning provision.
- Balance, coordination and movement activities.
- Developing strength, coordination and control.

Children work towards the Physical Development Early Learning Goals.

Teaching and Learning

Pupils will receive a minimum of:

- Two hours of high-quality PE each week.
- Additional opportunities for physical activity throughout the school day.

Lessons will:

- Include clear learning objectives.
- Build on prior learning.
- Provide opportunities for practice and improvement.

- Be appropriately differentiated.
- Include challenge and support for all learners.
- Promote positive attitudes towards participation and competition.

Teachers may use specialist coaches where appropriate. Responsibility for pupil progress remains with the class teacher.

Swimming

Swimming is delivered in Key Stage 2.

The federation aims for all pupils to:

- Swim competently, confidently and proficiently over at least 25 metres.
- Use a range of strokes effectively.
- Perform safe self-rescue in different water-based situations.

Inclusion

All pupils are entitled to participate fully in PE.

Staff will:

- Adapt activities where necessary.
- Provide appropriate support for pupils with SEND.
- Ensure equal access regardless of gender, ability, ethnicity or background.
- Celebrate achievement for effort, progress and success.

Reasonable adjustments will be made to ensure every pupil can access learning.

Competition and Enrichment

The federation values competitive and non-competitive sporting opportunities.

Pupils may participate in:

- Intra-school competitions.
- Inter-school competitions.
- Alliance sporting events.
- Festivals and tournaments.
- Sports leadership opportunities.
- Active play and lunchtime activities.

Where appropriate, federation events will bring pupils together from both schools.

Health and Safety

Safe practice is essential in all PE lessons.

Staff will:

- Carry out appropriate risk assessments.
- Inspect equipment before use.
- Ensure pupils wear suitable PE kit.
- Follow national and local guidance for activities.
- Ensure pupils remove jewellery where required.
- Consider weather conditions when planning outdoor activities.

Accidents will be managed according to the federation's Health and Safety and First Aid procedures.

PE Kit

Indoor PE

- Plain T-shirt in school colour
- Shorts
- Bare feet or suitable footwear as appropriate

Outdoor PE

- School PE top
- Tracksuit/jogging bottoms
- Suitable trainers

Parents will be informed of PE days and expectations for kit.

Assessment

Teachers will assess:

- Knowledge and skills development.
- Participation and engagement.
- Application of skills in different contexts.
- Personal and social development.

Assessment information contributes to curriculum monitoring and reporting to parents.

Equal Opportunities

The federation is committed to equality of opportunity. PE provision will reflect the needs of all pupils and promote respect, inclusion and positive relationships.

Monitoring and Evaluation

The PE Subject Leader will:

- Monitor curriculum coverage.
- Review planning and assessment.
- Observe teaching and learning.
- Gather pupil voice.
- Monitor participation and achievement.
- Evaluate the impact of PE and School Sport Premium funding.

Governors will receive regular reports regarding PE provision and outcomes.

Review

Policy Owner: PE Subject Leader and Headteacher

Review Cycle: Every 2 years

Next Review Date: September 2028