

Area	EYFS	Year 1	Year 2	Year 3/4	Year 5/6
Self-awareness & confidence	Develops a positive sense of self; talks about likes, dislikes and feelings; develops confidence to try new things.	Talks positively about themselves and their achievements; identifies strengths and things they are improving.	Recognises personal strengths and areas for development; develops confidence when facing new situations.	Reflects on achievements and challenges; recognises that people have different strengths and needs.	Has a secure understanding of strengths, values and areas for development; demonstrates increasing self-confidence and independence.
Emotional understanding & regulation	Names and talks about feelings; begins to understand how others feel; uses strategies to manage emotions with support.	Identifies a range of emotions; begins to choose appropriate strategies when upset or worried.	Explains feelings and recognises triggers; uses a range of strategies to regulate emotions.	Understands that emotions can affect behaviour and relationships; develops increasingly independent strategies.	Demonstrates a mature understanding of emotions; manages difficult feelings appropriately and seeks support when needed.
Relationships & friendships	Builds relationships; shares and cooperates; takes turns; begins to resolve conflicts with support.	Makes and maintains friendships; listens to others; works cooperatively and resolves simple disagreements.	Understands qualities of a good friend; recognises and resolves friendship difficulties with increasing independence.	Develops positive relationships; understands different viewpoints and responds appropriately to disagreements.	Maintains respectful relationships; demonstrates empathy and understands more complex social situations.
Resilience & perseverance	Keeps trying when things are difficult; develops resilience with adult support.	Attempts challenges and keeps trying when something is difficult.	Uses strategies to overcome challenges; understands that mistakes help us learn.	Perseveres when faced with setbacks; reflects on what helped them succeed.	Demonstrates resilience and perseverance when facing academic, social or personal challenges; adapts strategies when necessary.
Independence & responsibility	Manages personal needs; follows routines; makes simple choices; takes responsibility for belongings.	Completes familiar routines independently; takes responsibility for equipment and simple tasks.	Organises themselves and resources; completes tasks with decreasing adult support.	Takes increasing responsibility for learning, behaviour and belongings.	Demonstrates independence, organisation and responsibility; prepares for greater independence beyond primary school.
Social awareness, behaviour & respect	Understands simple rules and why they are important; shows kindness and consideration towards others.	Understands how behaviour affects others; follows agreed rules and demonstrates respect.	Recognises fairness, kindness and respect; understands consequences of choices.	Considers the impact of behaviour on others; demonstrates respect for differences and different viewpoints.	Demonstrates mature social awareness; considers consequences, shows empathy and contributes positively to the school community.

Assessment codes			
Red – Emerging Skill is beginning to develop and the child requires regular adult support.	Amber – Developing Child demonstrates the skill in familiar situations, sometimes requiring prompts.	Green – Secure Child consistently demonstrates the skill independently and across different contexts.	* – Target for development An area identified for further support, teaching or practice.