

PSHE Policy

Aims

Our PSHE curriculum aims to support the children in...

- Developing healthy relationships through work and play
- Understand how to keep safe on and offline
- Asking for help
- Prepare for change
- Take and share responsibility
- Feeling positive about ourselves
- Take part in discussions
- Make choices and decisions to support their health and wellbeing
- Meet and talk to people

Intent

At Sand Hutton and Warthill School, the PSHE and citizenship scheme of work aims to equip children with the essential skills for life. It intends to develop the whole child through carefully planned lessons that develop that knowledge, skills and attributes children need to protect and enhance their wellbeing.

We use Twinkl resources in our lessons to help the children learn about staying safe, being healthy, supporting them to build and maintain relationships and become active citizens with a responsibility to participating in the society around them. We also use the PSHE association for resources and to help plan our lessons.

Implementation

Our scheme of work cover objectives and follow the 3 core areas of Health and Wellbeing, Relationships and Living in the Wider World. Our units of work are taught in a spiral curriculum that revisits themes every two years. This enables children to re-call and build upon previous learning, exploring the underlying principles of PSHE education regularly at depth that is appropriate for age and stage of the child. Lessons also signpost key words, building up a rich vocabulary to develop understanding.

Our units will be delivered in a creative manner, using many approaches such as role-play, discussions and games. These activities aim for children to build confidence and resilience. Each lesson will consist of a discussion of children's existing knowledge and experience, providing an opportunity for baseline assessment. Each lesson ends with an opportunity to consolidate and reflect upon learning.

Impact

Our effective curriculum will enable the children to develop the vocabulary and confidence needed to clearly articulate their thoughts and feelings in a climate of openness, trust and respect, and they know how to seek advice and support from others. The children will learn skills to understand their own wellbeing needs, practise self-care and contribute positively to the wellbeing of those around them.